



1145 Bethel Rd  
Port Orchard, WA 98366  
(360) 876-5000

## HEALTH HISTORY QUESTIONNAIRE FOR COLON HYDROTHERAPY

Please PRINT and Answer all Questions on Both Sides

Date: \_\_\_/\_\_\_/\_\_\_

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_ ALT PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_ ZIP: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

OCCUPATION: \_\_\_\_\_ HOW LONG: \_\_\_\_\_

HEIGHT: \_\_\_\_\_ WEIGHT: \_\_\_\_\_ BIRTH DATE: \_\_\_\_\_ AGE: \_\_\_\_\_

Are you under a physician's care: \_\_\_\_\_ NAME OF PHYSICIAN: \_\_\_\_\_ TYPE: \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_ RELATION: \_\_\_\_\_ PHONE: \_\_\_\_\_

**\*CONTRAINDICATIONS: PRINT THE DATE OF OCCURRENCE IF YOU'VE EVER HAD THE FOLLOWING:**

- |                             |                                 |                                     |
|-----------------------------|---------------------------------|-------------------------------------|
| _____ Abdominal hernia      | _____ Abdominal surgery         | _____ Abnormal distension           |
| _____ Acute liver failure   | _____ Anemia                    | _____ Aneurysm – All types          |
| _____ Cancer (type _____)   | _____ Cardiac Condition         | _____ Crohn's Disease               |
| _____ Colitis               | _____ Dialysis                  | _____ Diverticulosis/Diverticulitis |
| _____ Fissures & Fistulas   | _____ Hemorrhaging              | _____ Intestinal Perforations       |
| _____ Lupus                 | _____ Pregnant (due date _____) | _____ Rectal/Colon surgery          |
| _____ Renal insufficiencies |                                 |                                     |

**\*OR I have NOT been diagnosed with any of the above contraindications: Initial X \_\_\_\_\_**

Please check if you've had any of the following:

- |   |                               |                               |
|---|-------------------------------|-------------------------------|
| _____ Rectal bleeding or blood in stool           | _____ Recent colonoscopy      | _____ Use laxatives           |
| _____ BM painful or difficult                     | _____ Burning/itching of anus | _____ Constipation/Diarrhea   |
| _____ Vomiting                                    | _____ Bloating                | _____ High blood pressure     |
| _____ Infectious disease                          | _____ Allergic to latex       | ___/___ Last menstrual period |
| _____ Hemorrhoids (_____ internal/_____ external) |                               |                               |

**READ AND INITIAL:** I am aware that this center uses a FDA Colon Hydrotherapy System and the Trained Therapist is not required to be state licensed. This Center does have a Licensed Medical Director that may or may not be on site. No studies have been conducted for this alternative and complementary modality. I am aware adverse events such as perforation, injury, and illness have been alleged and claimed with the use of colon hydrotherapy devices and/or enema kits. Should I experience resistance during my nozzle insertion, I will immediately stop my session. If during the session I experience discomfort or pain I am responsible for immediately stopping my session.

I have read and understand my responsibilities for colon hydrotherapy sessions: **Client initials X \_\_\_\_\_**

I have reviewed and discussed with the device trained therapist that I do not have any known contraindications or any health concerns and I wish to proceed with my colon hydrotherapy session(s). **Client initials X \_\_\_\_\_**

Possible side effects: Increased energy, nausea, vomiting, cramping, light headedness, excessive gas or bloating, overheating, diarrhea, headaches, temporary increase in body odor, joint or body aches, increased appetite, hemorrhoids (which may be irritated, inflamed, or bleed).

Precautions: Over hydration (may occur when multiple colonic sessions are done during a short period of time, perforation of rectum/colon, irritation/inflammation/allergic reactions of the rectum due to lubricant, water over temperature, other issues when colonic equipment is improperly used, failure to use approved disinfectants or perform the monthly and annual maintenance to prevent bacteria growth, and/or operated by untrained therapists.

Client initials X \_\_\_\_\_

**CANCELLATIONS:** There is a 24-hour cancellation policy. I understand that if an appointment is missed or cancelled “for any reason” with less than 24-hour notice, I will be billed a no-show fee of \$40. If I need to cancel or reschedule an appointment, I will notify the clinic as soon as possible. If there is a 24-hour notice I will not be charged. The clinic’s voicemail may be reached 24 hours a day and the date and time of phone calls are recorded. Client initials X \_\_\_\_\_

A pattern of more than two missed appointments or cancellations per year may be cause for revocation of my standing appointment requiring that I make future appointments on a week to week basis depending on the availability of current appointment times. Client initials X \_\_\_\_\_

Client signature: X \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

As a trained therapist, I will always follow the LIBBE Manufacture operation & maintenance guidelines. As a trained therapist, I do NOT insert, diagnose, prescribe, and do not cure or treat any condition or disease.

I have reviewed and discussed this form with the above client. Therapist signature: \_\_\_\_\_